



Thank you very much for your interest in volunteering with Sharing Life. Here is an overview of what we do.

Our charity's main objective is the relief of poverty and hardship within our local community, as well as internationally. We have a team of about 50 volunteers, many of whom joined us during the covid19 emergency. The main things that volunteers do are as follows:

- Delivering food parcels to the wide area we serve (includes Chinnor, Watlington, Chalgrove, Stadhampton, the Milton's, Wheatley, Long Crendon and Haddenham)
- Packing food parcels at our food store ready for distribution.
- Managing the food store stock.
- Collecting Fareshare surplus food from Waitrose 15mins before their closing time and taking it to our food store.
- Collecting donated food from our collection points in supermarkets in Thame and Chinnor and taking it to our food store.
- Helping with the setting up, running and taking down of the Community Larder at Christchurch on a Thursday.

Most of the activities described above take place on weekdays and, with the exception of the Community Larder, most involve some driving.

If you would like to help with one or more of these activities, then please join us.

The commitment is as much or as little as you have time for.

Please use the email address below to request a volunteer's application form and we will be in touch. Full training will be given according to the role(s) you choose.

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